

EXTRAS

Below is a sampling of extra support provided to assist in making COURSE FOR LIFE the most successful for your church or organization:

TRAINING

- Informational/inspirational meetings or custom seminars for churches, church leaders, youth group leaders, and students.
- The Summit: annual leadership training for any student who has completed at least one year of *Running the Race*.

SPEAKING

- youth/adult events

OTHER SUPPORT

- prayer
- e-mail
- phone
- on-site training

APPAREL/MISC.

- youth t-shirts
- adult/youth leader shirts
- caps, bags, jewelry, etc.
- solo piano worship CD's



Course for **l** **i** **f** **e**

Training Spiritual Athletes



Racing to Win

Transforming Lives

Bible-based discipleship for grades 6-12 and adult



To map out your winning course, race to:
www.courseforlife.com



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MIDDLE SCHOOL

Psalm 37:23-24, "If the Lord delights in a man's way, he makes his steps firm; though he stumble, he will not fall, for the Lord upholds him with his hand."

FIRST STEP

The first year of the middle school curriculum is designed as a spiritual foundation to help students take those first steps toward establishing lifetime habits as a growing disciple of Christ.

SECOND STEP

This step builds on the foundation provided in FIRST STEP by addressing some of the more common issues associated with Christian teen living. It also challenges the maturing disciple in matters related to others.

THIRD STEP

This step is an optional study designed for a three-year middle school program. It is a concentrated study of spiritual fruit. It also includes practical lessons that help move students closer to a life of holiness.



PURCHASE OPTIONS

1. Single books—\$24.99 each
2. Site License—Yearly fee based on the size of your organization

HIGH SCHOOL

Hebrews 12:1, "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

FIRST MILE

The first year of the high school curriculum is designed as a spiritual foundation to begin moving students from *Walking with the Master* to *Racing Toward the Prize*. It covers some of the same basic tools of the Christian faith found in FIRST STEP, but in more depth and with different scriptures. It also covers many practical lessons for this age student in preparation for future courses.

SECOND MILE

These lessons build on FIRST MILE and help students continue to take winning steps in their journey toward spiritual maturity.

THIRD MILE

These lessons focus on leadership and ministry topics to prepare students for their senior year discipleship project.

FOURTH MILE

This year is a culmination of 3-6 years of discipleship. Students provide the lessons for their weekly meeting while also teaching a younger discipleship class or working on a year-long, student-led ministry project. The disciple begins to disciple others just like the disciples of Jesus did after his resurrection.

See www.courseforlife.com for discipleship topics, projects, sample lessons, and lots of extras.

ADULT

YEAR 1

JOURNEYING WITH JESUS:

Highway to Holiness

Isaiah 35:8a, "And a highway will be there; it will be called the way of Holiness."

These lessons lay the foundation for adult discipleship.

YEAR 2

JOURNEYING WITH JESUS:

Road to Life

Matthew 7:13-14, "Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it."

"Highway to Holiness" is a prerequisite for this course which is specifically designed to prepare adults for being active in discipleship and other ministries within the body of Christ.

PASSING THE TORCH:

Active Discipleship

Psalm 71:17-18, "Since my youth, O God, you have taught me, and to this day I declare your marvelous deeds. Even when I am old and gray, do not forsake me, O God, till I declare your power to the next generation, your might to all who are to come."

This self-perpetuating curriculum is designed for those actively involved in teaching other discipleship ministries.